

# WATCH SAMPLE SCHEDULE

## FRIDAY

- 6:30 p.m. WATCH team arrives.
- 7:00 p.m. Candidates arrive and are welcomed by the team.
- 7:30 p.m. Team & Candidates go to Conference Room for introductions.
- No assigned seats. Sit anywhere.
  - Assistants introduce themselves first. Candidates introduce themselves by table.
  - Introduce the Spiritual Director. She/He will introduce themselves and give a short history of Watch. Then introduce other Spiritual Directors, Board Advisor, Clergy and the Leader.
  - The leader gives the “Welcome” Talk.
- 8:30 p.m. Break if necessary
- 8:45 p.m. **FIRST TALK – “We Are The Church”**
- 9:15 p.m. Go to church for the **MEDITATION – “Letting Go”**
- 9:45 p.m. Done for the day

## SATURDAY

- 7:45 a.m. Team arrives
- 8:15 a.m. Breakfast
- 9:00 a.m. Bible enthronement
- 9:15 a.m. Table names
- 9:45 a.m. **SECOND TALK – “Grace”**
- 10:20 a.m. Discussion (10 minutes) – Summary (5 minutes) – Poster (15 minutes)
- 10:50 a.m. Poster presentations
- 11:10 a.m. Break
- 11:20 a.m. **THIRD TALK – “Study”**
- 11:50 a.m. Discussion (10 minutes) – Summary (5 minutes) – Poster (15 minutes)
- 12:30 p.m. Poster presentations
- 12:50 p.m. Lunch
- 1:30 p.m. **FOURTH TALK – “Prayer”**
- 2:00 p.m. Rosary
- 2: 15 p.m. **SLIDES – From a Distance followed by the Inner Room**  
Or Lectio Divina DVD
- 2: 50 p.m. Break

- 4:00 p.m. **FIFTH TALK – “Action”**
- 4:30 p.m. Chapel visits explained
- 4:40 p.m. Chapel visits
- 5:45 p.m. Ring bells to end chapel visits
- 6:00 p.m. Entertainment
- 6:45 p.m. Dinner
- 7:30 p.m. **MEDITATION – “Reconciliation” and SIXTH TALK – “Reconciliation”**  
(Done in church)  
**(SLIDES – “I Want To Know What Love Is” – Talk – MEDITATION – “Stones”)**
- 8:30 p.m. Reconciliation with priests
- 9:45 p.m. Done for the day

**SUNDAY**

- 7:45 a.m. Arrive
- 8:00 a.m. Breakfast
- 8:40 a.m. Morning prayer & leader’s reflection
- 9:10 a.m. **SEVENTH TALK – “Eucharist”**
- 9:40 a.m. Prepare for mass
- 10:00 a.m. Mass
- 11:30 a.m. **EIGHTH TALK – “Trinity/Sharing”**
- 12:15 p.m. Lunch
- 12:40 p.m. **SLIDES – “Another Day in Paradise”**
- 12:50 p.m. **Bag Lady**
- 1:15 p.m. **MEDITATION – “Hands”**
- 1:30 p.m. Chapel visits
- 2:00 p.m. Out of chapel visits
- 2:15 p.m. Baptismal promises at the font
- 2:30 p.m. **NINTH TALK – “Where Do We Go From Here?”**
- 2:50 p.m. Group reunions
- 3:10 p.m. Rosters & Evaluations
- 3:20 p.m. Closing
- 3:30 p.m. Done